



THE SPIRIT
STRONG • BRAVE • TRUE

2023

NORTH AMERICAN INDIGENOUS GAMES

SPORT TECHNICAL PACKAGE

2023 NORTH AMERICAN INDIGENOUS GAMES
Sport Technical Package: Years of Birth Chart

The following chart contains age category and years of birth information for the 2023 North American Indigenous Games (NAIG) sport program. The sports and age categories have been previously approved by the NAIG Council in May 2016 and reflected in the Governing Rules – Sport Program. Each sport, unless stated, will have male and female participants each allowed the corresponding number of age categories.

The Sport & Technical Committee (STC) works with national, provincial and state sport organizations to develop the sport technical packages. Updates are necessary from time to time and any changes will be shared with NAIG Council and team representatives.

SPORT	AGE CATEGORY	YEARS OF BIRTH
3-D Archery	16U, 19U	2007 & later, 2004 & later
Athletics	14U, 16U, 19U	2009 & later, 2007 & later, 2004 & later
Badminton	16U, 19U	2007 & later, 2004 & later
Baseball	19U	2004 & later
Basketball	14U, 16U, 19U	2009 & later, 2007 & later, 2004 & later
Beach Volleyball	16U, 19U	2007 & later, 2004 & later
Canoe/Kayak	14U, 16U, 19U	2009 & later, 2007 & later, 2004 & later
Box Lacrosse	Male 16U, 19U Female 19U	2007 & later, 2004 & later
Golf	16U, 19U	2007 & later, 2004 & later
Rifle Shooting	16U, 19U	2007 & later, 2004 & later
Soccer	16U, 19U	2007 & later, 2004 & later
Softball	16U, 19U	2007 & later, 2004 & later
Swimming	14U, 16U, 19U	2009 & later, 2007 & later, 2004 & later
Volleyball	16U, 19U	2007 & later, 2004 & later
Wrestling	19U	2004–2008

**2023 North American Indigenous Games
Sport Technical Package**

WRESTLING

EVENT:

The NAIG Wrestling competition consists of both male and female individual competition for following age and weight classes. Participants born in 2004 to 2008 are eligible.

MALE	FEMALE
46 KG / 101.4 lbs	46 KG / 101.4 lbs
52 KG/ 114.6 lbs	52 KG / 114.6 lbs
58 KG / 127.9 lbs	58 KG/ 127.9 lbs
66 KG/ 145.5 lbs	64 KG/ 141 lbs
74 KG/ 163.1 lbs	70 KG / 154.3 lbs
80 KG/176.4 lbs	76 KG/167.5 lbs
90 KG/198.4 lbs	82 KG/ 180.8 lbs
100 KG / 220.5 lbs	88 KG/ 194 lbs
115 KG / 253.5 lbs	95 KG/ 209.4 lbs
130 KG / 286.6 lbs	105 KG/ 231.5 lbs

PARTICIPANTS:

Athletes:

Each Province, Territory and State is allowed to enter two (2) male and two (2) female athletes per weight division for each age group.

Coaches:

Each Province, Territory and State may accredit:

- Rosters 16 athletes and under – three (3) staff (Each Province, Territory and State may accredit two (2) coaches and one (1) manager per Male and Female teams. One of the above staff must be of the same gender as the participating team).
- Rosters of 17 Athletes and over – Four (4) staff (Each Province, Territory and State may accredit three (3) coaches and one (1) manager per female and male teams. One of the above staff must be of the same gender as the participating team).

NCCP Requirements (All Coaches must have the following coaching certifications or equivalent)

Head Coach

Competition Introduction Stream - Wrestling Canada Lutte Competition---Introduction Part 1

USA – All coaches will have completed a sport specific – youth or community – coach certification course recognized in their state.

GENERAL RULES:

The most recent version of the United World Wrestling (UWW) rules will apply, unless otherwise stated in this package.

COMPETITION FORMAT:

Following the weigh in process, there will be a coaches/technical meeting to determine the draw.

Minimum number of two (2) participants for a weight category for that weight class to run.

Round Robin Format:

Athletes will be initially divided by region and “weight line” to create the most meaningful competition.

Based on the number of participants, the round robin format will be broken up into “pools.” The final placements in the round robin pools will determine the pairings for the final matches. Pools will be wrestled Day 1 and all Final placement matches will be wrestled Day 2.

Two (2) registrants in weight class: Athletes will wrestle best two (2) out of three (3) against each other.

Three to five (3-5) registrants in weight class: Athletes will wrestle everyone in the weight class and final standings will be determined by round robin criteria.

Six to ten (6-10) registrants in weight class: Athletes will be put into two (2) pools and wrestle round robin within the pool. Final placements in the pools will determine the cross over match ups for 1st to 2nd match, 3rd to 4th match, 5th to 6th match and 7th to 8th match.

Eleven to fifteen (11-15) registrants in weight class: Athletes will be put into three (3) pools and wrestle round robin within the pool. Final placements in the pool will determine the cross over pools. Same as above but instead of final matches there will be final pools. Pool A is for 1st to 3rd, Pool B is for 4th to 6th, Pool C is for 7th to 9th, etc.

The UWW wrestling rules will govern the round robin format. Round Robin placements will be decided by head-to-head wins. In a case where there is a tie, the classification points (below) will be used to determine tie breakers for the round robin placements.

UWW Article 42 – Classification Points

The classification points awarded to a wrestler shall determine his final ranking.

Five (5) points for the winner and zero (0) for the loser:

- Victory by fall (with or without technical point for the loser) (VFA 5:0)
- Injury (VIN 5:0) o If an athlete is injured before or during a bout and the injury is certified by the tournament doctor
- Three (3) cautions during the bout (VCA 5:0) Forfeit (VFO 5:0)
- If an athlete doesn't show up on the mat - Disqualification (DSQ 5:0)
- If an athlete is disqualified before or during the bout in case of unfair behavior

Four (4) points for the winner and zero (0) for the loser (VSU 4:0): Victory by technical superiority (ten (10) points in Freestyle during the bout), with the loser scoring no technical points.

Four (4) points for the winner and one (1) point for the loser (VSU1 4:1): Victory by technical superiority during the bout with loser scoring technical points.

Three (3) points for the winner and zero (0) for the loser (VPO 3:0): When the wrestler wins at the end of the two (2) periods by one to nine (1-9) points in Freestyle with the loser scoring no point.

Three (3) points for the winner and one (1) point for the loser (VPO1 3:1): When the bout ends by a victory by points at the end of the regular time and the loser scoring one (1) or several technical points.

Zero (0) points for the red wrestler and zero (0) point for the blue wrestler (2DSQ 0:0): In case both wrestlers have been disqualified due to infraction to the rules.

OFFICIALS:

All officials will be designated and approved by the Canadian Amateur Wrestling Officials Association (CAWOA) in conjunction with the Host Society.

FIELD OF PLAY / EQUIPMENT REQUIREMENTS:

The wrestler must supply her/his own equipment and must comply with the UWW rules. Athletes must appear on the edge of the mat wearing a UWW approved one-piece singlet of the colour assigned to them (red or blue). Team coloured singlets will be allowed at the North American Indigenous Games. In the circumstance that team singlets are worn, the referee will be responsible for determining which wrestler shall be “red” or “blue” when the wrestlers’ step onto the mat. Provinces/Territories/States are encouraged to include their crest on the front of the singlet and the team acronym on the back (i.e., NB for New Brunswick, etc.).

Wrestling shoes must be free of buckles, metal ridges and tape, and a handkerchief is to be tucked inside the singlet for blood. Headgear is optional.

COMPETITION RULES:

Weigh-in will be the morning of the first day of competition. The NAIG competition will have only one (1) weigh-in session.

Weight-in process will follow Wrestling Canada Rules.

All regions may have two participants per gender per weight class.