



BATTLE *in the* ROCKIES

WRESTLING CAMP

July 17-22, 2022



Train under Canadian Olympian and 11-time National Champion

JUSTIN ABDOU

Featuring Olympic, national and international medalists as clinicians, the Battle in the Rockies Wrestling Camp 2022 will emphasize technical skill development, strategy, strength training and conditioning. The camp will cover everything from basic fundamentals—stance, positioning, takedowns, and escapes—to advanced technique and strategy, including set-ups, finishes, and drilling.

HEAD CLINICIANS

JUSTIN ABDOU



- Canadian Olympian
- Head Coach Simon Fraser University
- Junior World Champion
- 4 x NAIA Champion
- Multi Time Canadian National Champion
- Commonwealth Wrestling Champion
- Saskatchewan Hall of Fame

OWEN DAWKINS



- University Of Alberta Head Coach
- 3 x Usports Coach of the year
- 12 x Canada West Coach of the Year
- Multi time Canadian Championship Medalist

CAMP INFORMATION

(Detailed information package will be sent to all wrestlers after paid registration)

Camp Location:	Rocky Mountain House (Christenson Sports & Wellness Centre)
Camp Lodging:	Lou Soppit Community Centre
Full Overnight Camp 13–18-year-old ONLY	<ul style="list-style-type: none"> • EARLY BIRD - \$475 Register by June 1, 2022 • Regular Cost - \$520 After June 1, 2022 (includes all meals, shirt, & lodging)
Day Camper Cost	\$300 9-12 year old (includes lunch, t-shirts)
Register Online	CLICK TO REGISTER

For Further Information: Email Coach Dawkins

odawkins@ualberta.ca

