

The ROC Takedown Tournament

Date:

Nov 16/17 2018

Location:

Bowcroft School, Calgary
(3940-73 St. NW.)

Cost:

\$20 per Wrestler

*Wrestlers must
pre-register

Highschool
on Friday Night

-
Elementary &
Junior High on
Saturday

Takedown Tournament Information

Date	Registration/Weigh-in	Competition Time	Age Group	Participation Limit	Match Length
Friday Nov.16	4:45pm-5:15pm	6:00pm-9:00pm	High School	52 wrestlers	5 min. Running
Sat. Nov.17	8:00am-8:30am	9:00am-10:45am	born 2009/2010	32 wrestlers	4 min. Running
Sat. Nov.17	9:30am-10:00am	10:45am-1:00pm	born 2007/2008	40 wrestlers	4 min. Running
Sat. Nov.17	11:45am-12:15pm	1:00pm-4:00pm	born 2005/2006 and 2004	60 wrestlers	4 min. Running

Award - Takedown Towel for Takedown Champion

All participants (athletes and coaches) must be members of Alberta Wrestling prior to the start of the competition (\$10 event membership available)

Fees- cash or cheque (payable to Calgary Rebels)

Wrestlers must pre-register - email intention to participate to
mikedunn@persona.ca - provide name - year born - gender - approx. weight

Takedown Tournament rules will be emailed following pre-registration
Each age group will last 2-3 hours (round robin draw)

If time permits - there will be a round robin pin to win competition at the end of each session