

# 2019-2020 Alberta Wrestling Clubs

## Zone 1 - Sunny South

<b>Club Name:</b>	Lethbridge Amateur Wrestling Association
<b>Club Location:</b>	Lethbridge, Alberta Lethbridge Collegiate Institute
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	lethbridgewrestling@gmail.com
<b>Website:</b>	<a href="http://www.lethbridgewrestling.ca">http://www.lethbridgewrestling.ca</a>

<b>Club Name:</b>	Medicine Hat Hawks
<b>Club Location:</b>	Medicine Hat, Alberta Medicine Hat High School
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	darren.klein@sd76.ab.ca

<b>Club Name:</b>	Westwind Wrestling Club
<b>Club Location:</b>	Cardston, Alberta Cardston High School
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	<a href="mailto:westwindwrestling@gmail.com">westwindwrestling@gmail.com</a>

## Zone 2 - Big Country

<b>Club Name:</b>	Cochrane Cowboys
<b>Club Location:</b>	Cochrane, Alberta Spray Lakes Community Centre
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	cowboyswrestling.ca@gmail.com
<b>Website:</b>	<a href="https://cowboyswrestling.ca/">https://cowboyswrestling.ca/</a>

<b>Club Name:</b>	Central Alberta Wrestling Club
<b>Club Location:</b>	Olds, Alberta Olds High School
<b>Age Groups:</b>	Bantam - U19
<b>Contact Information:</b>	oldsspartans@gmail.com

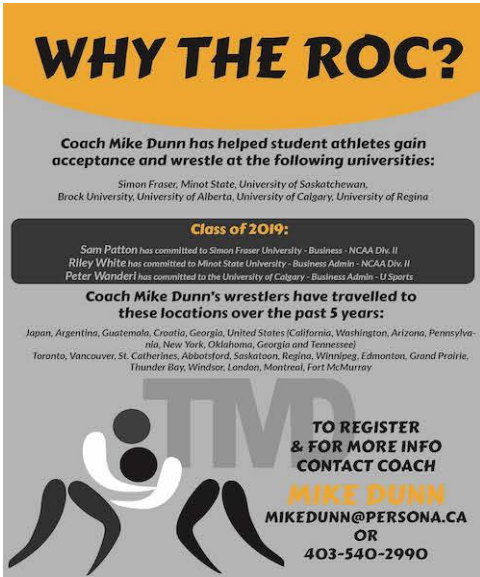
<b>Club Name:</b>	Airdrie Rebels
<b>Club Location:</b>	Airdrie, Alberta St. Martin de Porres High School
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	<a href="mailto:russjmendonca@gmail.com">russjmendonca@gmail.com</a>

## Zone 3 - Calgary

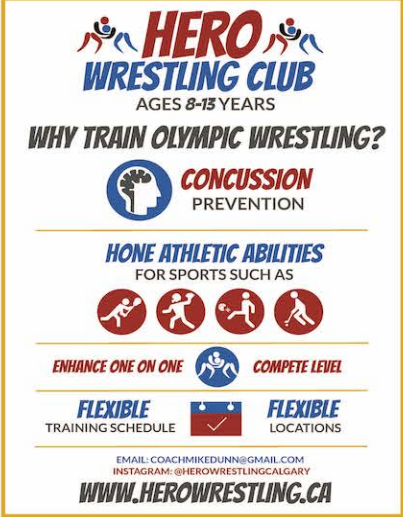
<b>Club Name:</b>	Dinos Wrestling Club
<b>Club Location:</b>	University of Calgary
<b>Age Groups:</b>	Tyke - Senior
<b>Contact Information:</b>	ostberg@ucalgary.ca wrestlingjane@shaw.ca
<b>Website:</b>	<a href="https://godinos.com/index.aspx?path=wres">https://godinos.com/index.aspx?path=wres</a> <a href="https://www.ucalgary.ca/ActiveLiving/registration/">https://www.ucalgary.ca/ActiveLiving/registration/</a>

<b>Club Name:</b>	Calgary Spartan Wrestling Club
<b>Club Location:</b>	110 61st Avenue SW
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	calgary@spartanwrestling.org
<b>Website:</b>	<a href="https://calgarywrestling.blog/">https://calgarywrestling.blog/</a>

<b>Club Name:</b>	Rebels Wrestling Club
<b>Club Location:</b>	Jack James High School
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	coach@rebelswrestling.ca
<b>Website:</b>	<a href="https://rdm042.wixsite.com/rebels-wrestling">https://rdm042.wixsite.com/rebels-wrestling</a>


<b>Club Name:</b>	The ROC
<b>Club Location:</b>	St. John The Evangelist Gymnasium 1423- 8 Ave SE Calgary
<b>Age Groups:</b>	U17-U19
<b>Contact Information:</b>	coachmikedunn@gmail.com
<b>Website:</b>	<p><a href="http://www.therocwrestling.net">www.therocwrestling.net</a></p> 

<b>Club Name:</b>	Alavanca Wrestling Club
<b>Club Location:</b>	209 16th Ave NE
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	info@alavancayyc.com
<b>Website:</b>	<a href="https://www.alavancayyc.com/">https://www.alavancayyc.com/</a>

<b>Club Name:</b>	Hero Wrestling Club
<b>Club Location:</b>	St. John The Evangelist Gymnasium 1423- 8 Ave SE Calgary
<b>Age Groups:</b>	Novice - Bantam
<b>Contact Information:</b>	coachmikedunn@gmail.com
<b>Website:</b>	<a href="https://www.herowrestling.ca/">https://www.herowrestling.ca/</a>  


**HERO**  
**WRESTLING CLUB**  
AGES 8-13 YEARS

**WHY TRAIN OLYMPIC WRESTLING?**


 **CONCUSSION**  
PREVENTION

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**HONE ATHLETIC ABILITIES**  
FOR SPORTS SUCH AS



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**ENHANCE ONE ON ONE**  **COMPETE LEVEL**

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**FLEXIBLE**  
TRAINING SCHEDULE  **FLEXIBLE**  
LOCATIONS

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EMAIL: COACHMIKEDUNN@GMAIL.COM  
INSTAGRAM: @HEROWRESTLINGCALGARY

**WWW.HEROWRESTLING.CA**

## Zone 4 - Parkland

<b>Club Name:</b>	Crank Wrestling Club
<b>Club Location:</b>	Eckville, Alberta Crank Gym
<b>Age Groups:</b>	Tyke - Senior
<b>Contact Information:</b>	crankgym@icloud.com

<b>Club Name:</b>	Wetaskiwin Wrestling Club
<b>Club Location:</b>	Wetaskiwin, Alberta Wetaskiwin Composite High School
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	Shane.Rybak@pureHM.net

## Zone 5 - Black Gold/Yellowhead

<b>Club Name:</b>	Drayton Valley Legacy Wrestling Club
<b>Club Location:</b>	Drayton Valley, Alberta
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	captrob1975@gmail.com

<b>Club Name:</b>	Edson Gladiators
<b>Club Location:</b>	Edson, Alberta Parkland Composite/Pine Grove School
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	edsongladiators@gmail.com

<b>Club Name:</b>	Strathcona Wrestling Club
<b>Club Location:</b>	Sherwood Park, Alberta Millennium Place
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	strathconawrestling@gmail.com
<b>Website:</b>	<a href="https://www.strathconawrestlingclub.org/">https://www.strathconawrestlingclub.org/</a>

## Zone 6 - Edmonton

<b>Club Name:</b>	Edmonton Wrestling Club Bears
<b>Club Location:</b>	University of Alberta
<b>Age Groups:</b>	Tyke - Senior
<b>Contact Information:</b>	edmwrestlingclub@gmail.com odawkins@ualberta.ca
<b>Website:</b>	<a href="https://edmwrestlingclub.com/">https://edmwrestlingclub.com/</a> <a href="https://www.ualberta.ca/athletics/teams/wrestling">https://www.ualberta.ca/athletics/teams/wrestling</a>

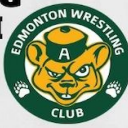
JUST A REMINDER THAT THE

# ADULT WRESTLING PROGRAM

**Starts September 16 @ 7:30pm**  
 U of A Wrestling Room  
 Register for the Adult Wrestling Program -  
<https://forms.gle/VpCAgGIBQkiwY95t8>

Please make sure to also register with AAWA before the first practice.

For more info contact  
[odawkins@ualberta.ca](mailto:odawkins@ualberta.ca)



**LOOKING FORWARD TO SEEING YOU ON THE MATS!**

## Zone 7 - North Eastern Alberta

<b>Club Name:</b>	Takedown Squad
<b>Club Location:</b>	Plamondon, Alberta
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	takedownssquadpl@gmail.com



## Zone 8 - Peace Country

<b>Club Name:</b>	Grande Prairie Wrestling Club
<b>Club Location:</b>	Grande Prairie, Alberta
<b>Age Groups:</b>	Tyke - U19
<b>Contact Information:</b>	adam@silverttechcontracting.com
<b>Website:</b>	<a href="https://www.gpwc.ca/">https://www.gpwc.ca/</a>

<b>Club Name:</b>	Fox Creek Wrestling Club <b>Starting in January 2020</b>
<b>Club Location:</b>	Fox Creek, Alberta
<b>Age Groups:</b>	
<b>Contact Information:</b>	<a href="mailto:fieldhouseprograms@foxcreek.ca">fieldhouseprograms@foxcreek.ca</a>