



Rocky Mountain Quarantine Camp JULY 22-24, 2020

GUEST CLINICIANS



ERICA WIEBE
2016 Olympic Champion
2018 World Bronze Medalist



J'DEN COX
2018 & 2019 World Champion
2016 Olympic Bronze Medalist



CAROL HUYNH
2008 Olympic Champion
2012 Olympic Bronze Medalist



JEFF ADAMSON
2012 Olympic Team Member
Co-Founder Skip The Dishes

Join Olympic Gold Medalist **ERICA WIEBE**

and guests

**J'DEN COX, CAROL HUYNH
& JEFF ADAMSON**

for the first ever virtual Rocky Mountain
Wrestling Camp!

Enjoy 12+ hours of programming over 3
days specifically tailored for Bantam, U17
and U19 athletes!

- Daily individual wrestling sessions & workshops to develop your on and off mat skills
- Group fitness challenges
- Q & A panels with some of the sport's most successful athletes
- Exclusive Camp T-Shirt

Who says you can't become a better wrestler during quarantine?

Join our guest clinicians and camp counselors to learn the tools, techniques and mindset to become a champion!

COST: \$75

TO REGISTER: Register online

[CLICK HERE](#)

DEADLINE: Register by July 17, 2020

For more info contact

aawaprogramdirector@gmail.com

All participants must have access to a laptop/home computer and space for movement drills. The camp will be using Zoom for all virtual sessions. The full schedule and detailed camp information will be sent to all registered participants prior to the camp. All camp sessions will take place between 9:00 am and 4:00 pm.