



AAWA

Making Champions on and off the mat.

Contact Us

www.albertaamateurwrestling.ca

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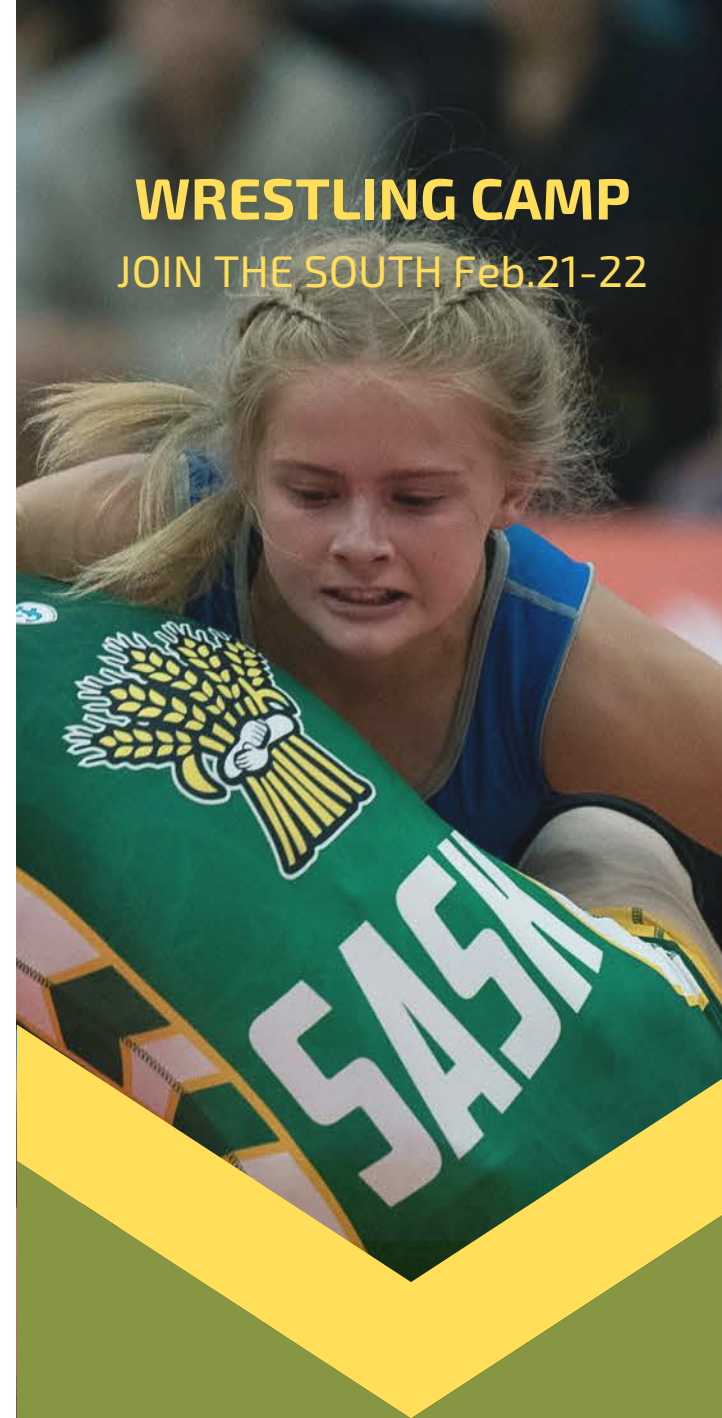


Shawn is an experienced wrestler and coach. He offers a hand to anyone who's willing to put in the work.



Josh is a professional mental performance consultant. He will be a guest speaker for this event.

WRESTLING CAMP
JOIN THE SOUTH Feb.21-22



"May our passion for Wrestling be ever contagious to those we share a mat with."

About LAWA, Inc.

Lethbridge Amateur Wrestling Club is one of the longest and largest wrestling programs in southern Alberta. With its long list of volunteers, parents and alumni the club has experienced substantial growth with the addition of it's elementary program in 2020. Look for many more events and camps coming out of this program!

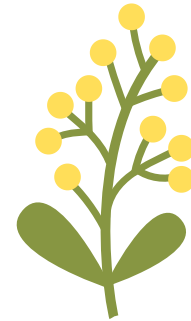
Why Choose Us?

Our Mission and Vision

In short we want to make southern Alberta a powerhouse in the sport of Wrestling. Our camps are committed to making everyone around us better so that we may grow as well. In order to be the best we believe you must surround yourself with the best.

To Register, scan with your camera App or contact us directly:

\$20
Registration at
the door



Schedule Feb 21-22

Day 1 (9am-5pm)

Session 1 (9am-11am) - On Mat technical
Session 2 (12am-2pm) - On Mat technical
Session 3 - Live situations

Day 2 (9am-1pm)

Session 1 (9:00am-11:00am) - On Mat technical
Session 2 (11:30am-1:00pm) - Guest Speaker then Matches

