



# 2019 Pearson Rumble Wrestling Tournament

**Lester B. Pearson High School**

**3020 52 ST N.E - T1Y-5P4**

**Friday & Saturday December 13/14 2019**

## **COACHES PLEASE READ ALL THE INFORMATION**

Welcome to the Pearson Rumble Wrestling Tournament.

The tournament will be broken up into sessions of gender and weight classes. The fewer number of weight categories per session means wrestlers must be prepared to compete more frequently. This will reduce the amount of time needed for warm-up and cool down between bouts as well as reducing wait time for wrestlers and spectators.

### **GENERAL INFORMATION:**

**Check in for females - Friday 3:30 - 4:00pm 1<sup>st</sup> check in for males Saturday - 8:30am – 9:00am 2<sup>nd</sup> check in for males 12:00pm- 12:30 pm**

- Athletes must check in prior to each session during designated times...see schedule
- Coaches, please have a change of footwear with indoor shoes when coaching on the mats

**ENTRY FEE:      \$25.00/Student**

*All registered athletes will be charged after the scratch date.*

### **HIGH SCHOOL TOURNAMENT RULES:**

- All athletes must be registered under their high school and with their provincial schools' athletic association.
- **ASAA Rules**
- All weight classes will be pooled in a round robin tournament with championship & consolation matches for placement.
- Matches will be 2 X 2 min rounds. ***Running time unless time permits for stop time.***
- Wrestlers will be given a maximum of 10 minutes between matches **if needed.**
- Athletes will be scratched from the tournament if they **DO NOT** report to registration check in.

### **MEDICAL:**

Please do not enter athletes with any type of skin infection. We reserve the right to refuse any athlete from competing with a skin infection. Medical Personnel will be on site. Athletes & teams are responsible for their own athletic tape.

### **AWARDS:**

- Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in each category. (All Divisions)

*Medals will be presented on the mat immediately after the medal match.*

### **COACHES & OFFICIALS and VOLUNTEER ROOM:**

**Coaches' room is for coaches, officials & volunteers only.**

### **CONTACT INFORMATION:**

Tournament Director: Gaston Tardif

Cell (587) 227 9145 email: [gatardif@cbe.ab.ca](mailto:gatardif@cbe.ab.ca)

# TOURNAMENT REGISTRATION – 3 STEPS

## STEP 1 – Pre-registration: Intent to compete Monday December 2/2019

\*\*Teams/wrestlers that do not pre-register will be placed on a wait list to determine registration: There will be a max of 150 male and 100 female athletes.

How to pre-register:

Email: Gaston Tardif – [gatardif@cbe.ab.ca](mailto:gatardif@cbe.ab.ca) your intent to participate with following information by

1. School Name
2. Approximate number of high school athletes: male & female listed separately
3. Names of ALL Coaches attending
4. Cell Phone contact for head coach/ team leader

This will help confirm the number of schools and athletes for planning!

Closer to the Weigh-in Registration date, you will be emailed a link to a google form to register each wrestler and their weight.

## STEP 2 – Weigh-in Registration: Thursday, Dec. 12<sup>th</sup>

, 8:00am-8:00pm: ONLY use the link to the google form that is emailed to you.

**HIGH SCHOOL** (1 kg allowance)

Weight Classes: **MALE:** 44-47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98,108, 120, 120+kg

**FEMALE:** 44, 47, 50, 53, 57, 61, 65, 70, 75, 80, 90, 90+kg.

**SCRATCH DEADLINE: THURSDAY December 12<sup>th</sup> at 5:00pm**

## STEP 3 – Registration Check In: December 13/14th

All athletes must check in at the registration desk located down the hallway from the main gymnasium. There will be designated check in times for each session. Any athlete that does not register will be removed from the draw.

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## Tournament Schedule

### December 13th

<b>SESSION 1 - FEMALE</b>	<b>44, 47, 50, 53, 57, 61, 65, 70, 75, 80, 90+ KG.</b>
Athlete Check In	3:00pm – 3:30 pm
Mats Open for Warm Up	3:30pm – 4:00 pm
Introduction	4:00 pm – 4:15 pm
Wrestling Tournament	4:15pm – Till finished

### December 14th

<b>SESSION 1 - MALE</b>	<b>44-47, 50, 53, 56, 59, 62</b>
Athlete Check In	8:30 am - 9:00 am
Mats Open for Warm Up	9:00 am - 9:30 am
Introduction	9:30 am - 9:45 am
Wrestling Tournament	9:45 am - 12:00 pm

<b>SESSION 2 - Male</b>	<b>65, 68, 72, 76, 82, 90, 98,108, 120, 120+kg</b>
Athlete check in	12:00pm – 12:30pm
Mats open for warm up	12:30pm – 1:00pm
Introduction	1:00pm – 1:15pm
Wrestling Tournament	1:15pm – Till finished

*Session times & schedule is subject to change. A notice will be sent out by Friday morning at the latest to confirm scheduling.*