



2019 Strathcona Elementary Wrestling Festival

Hosted by the Strathcona Wrestling Club

- Date:** Saturday, November 30, 2019
- Age Divisions/Time:** Tykes (Born 2012-2015) – 9:00am to 11:00am
Novice (Born 2010-2011) – 11:30am to 1:30pm
Kids (Born 2008-2009) – 2:00pm to 4:00pm
- Location:** Millennium Place
2000 Premier Way
Sherwood Park, AB
T8H 2G4
- Pre-Registration:** Please confirm participation and send estimated numbers to strathconawrestling@gmail.com by November 16.
- Registration:** Register on-line by **9:00PM on Wednesday, November 27, 2019** using the following link:
<https://forms.gle/AVRVxRLuBxSwTZDH6>
Please enter each wrestler's exact weight to nearest 1/10th kg as wrestlers will be grouped for round robin draw.
**Athletes will be pooled into groups within their age groups.
- Cost:** \$20 per wrestler payable to Strathcona Wrestling Club
Please send all scratches to aawaprogramdirector@gmail.com by Nov. 29 at Noon
For School-Based Athletes who are not already an AAWA member, an additional \$10 daily membership fee will apply (amount will be invoiced on Nov. 27)
- Age_Class Guidelines:**
- Tyke Primary - (Born 2014-15)**
One 90 second round: no points are scored; no wins or losses;
In the case of a pin, both wrestlers start from the standing position; opponents wrestle against others of similar weight.
- Tyke Elementary – (Born 2012-13)**
One 90 second round: no points are scored; no wins or losses;
In the case of a pin, both wrestlers start from the standing position; opponents wrestle against others of similar weight.
- Novice – (Born 2010-11)**
Two 2 minute round stop time; Gold, Silver, Bronze;
Opponents wrestle against others of similar weight. **Wrestling Canada Lutte Novice Rules Apply**
- Kids – (Born 2008-09)**
Two 2 minute round stop time; Gold, Silver, Bronze;
Opponents wrestle against others of similar weight. **Wrestling Canada Lutte Kids Rules Apply**



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Coaches Notes:

1. For the tyke, novice, and kids divisions, no throws or rolls initiated from the head will be allowed in accordance with national standards.
2. Please have your kids ready to wrestle with appropriate wrestling apparel. (Clipped nails, singlet or t-shirt & shorts, clean shoes with no sharp edges, no jewellery, etc.)
3. **Mouth guards are NOT mandatory but are highly recommended.**
4. Wrestlers with skin ailments that may be contagious will not be allowed to wrestle.

More Information:

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strathconawrestling@gmail.com