

THE ALBERTA AMATEUR WRESTLING ASSOCIATION AND  
MEDICINE HAT HIGH SCHOOL PRESENTS THE  
2019 ALBERTA OPEN WRESTLING CHAMPIONSHIPS

**Location** Medicine Hat High School, 200 7<sup>th</sup> Street SW, Medicine Hat, AB  
**Contact** Darren Klein ([darren.klein@sd76.ab.ca](mailto:darren.klein@sd76.ab.ca))  
**Dates:** Tuesday, March 12<sup>th</sup> – At-Home Weigh-Ins  
Saturday, March 16<sup>th</sup> – Session 1+2. AAWA Awards Banquet  
Sunday, March 17<sup>th</sup> – Session 3+4

**Please email your registrants to [abopenwrestling@gmail.com](mailto:abopenwrestling@gmail.com) by 10:00 pm, Tuesday March 12th using the attached entry forms. – Ensure forms are sent. Please Note: Elementary and Bantam-Senior are separate forms with multiple tabs. Please place your athletes on the appropriate tab. If entering multiple divisions, please ensure athletes are registered in each appropriate tab. Confirmation of entries will be sent out for scratches/additions/changes.**

**Entry fee will be collected at the venue on Saturday, March 16<sup>th</sup>.**

**Age Classes:**

Senior – born 1998 or prior.  
Junior – born 1999, 2000, 2001, Athletes born in 2002 may compete with signed waiver  
U19 (formerly Juvenile) – born 2001 or 2002, Athletes born in 2003 may compete with signed waiver  
U17 (formerly Cadet) – born 2003 or 2004  
Bantam – born 2005 or 2006  
Kids – born 2007 or 2008  
Novice – born 2009 or 2010  
Tyke Elementary – born 2011 or 2012  
Tyke Primary – born 2013 or 2014

**Athletes born in 2003 are permitted to wrestle in U19 to replicate the UWW Cadet rule set at the Canadian National Championships. It is the responsibility of the athlete, parents and coach to ensure the athlete is adequately prepared and is aware of the rule set and the risks involved. Athlete, parents and coach must all sign the waiver. If you do not believe an athlete is prepared to wrestle in the U19 age class, please do not enter them in the division.**

**Entry Fees (Per Wrestler/Per Division):**

Tyke/Novice/Kids/Bantam - \$20  
U17/U19 Freestyle - \$30  
U17/U19 Greco-Roman - \$15  
Junior/Senior - \$40

*Ex. An U19 wrestler competing in U19 Freestyle, U19 Greco-Roman & Junior would be owing \$85*

**Bantams, Kids, Novices & Tykes can only wrestle in their allotted age group and ONE weight category.**

**All other wrestlers wishing to wrestle in multiple divisions must express their intention to do so on the registration form.**

**Weigh-In Procedure**

**March 12th – 12:00 pm – 9:00 pm**

Coaches e-mail the appropriate registration forms (separate forms for Tyke-Kids and Bantam-Senior) to [abopenwrestling@gmail.com](mailto:abopenwrestling@gmail.com). All athletes must weigh in under the supervision of a coach and the coach must verify the weight of the athlete they are registering. Weigh-ins must take place between 12:00 pm - 9:00 pm

***Please note:***

1. All coaches and competitors must be current members of AAWA. All school-based competitors and coaches can purchase a single-event membership for \$10 at the event.
2. Please note that to qualify for the “2019 Canadian U17/U19 Championships” you **must** wrestle in the Alberta Open unless exemption has been requested prior to the event. The AAWA executive will review all exemption requests. All injury exemptions must have an accompanying doctor’s note.
3. If athletes in the U19, Junior or Senior age classes are participating in the 2019 Canadian Junior/Senior Championships, March 22-24, 2019, an exemption will be granted. Registration for the Canadian Championships will be reviewed to confirm participation in the event.
4. 6 mats will be running. A silent draw will be used with bout numbers displayed at the chairman’s table. Athletic therapists will be available for acute injuries. If an athlete requires taping, they must supply their own tape

**Event Schedule:**

**Saturday, March 16:**

Session 1

8:00 am – 9:00 am – Warm-up

9:00 am - 12:00 pm – Bantam/U17 Competition

Session 2

1:00 pm – Completion –U19/Junior/Senior Competition

**\*NOTE: Junior will begin immediately following U19/Senior\***

**Saturday, March 16 AAWA Awards Banquet**

6:00 pm – Doors Open

6:00 pm – 8:45 pm – Silent Auction

7:00 pm – Dinner Served

7:30 pm – Guest Speaker

7:45 pm – 8:30 pm – Awards Ceremony hosted by TBA

8: 30 pm – 10:00 pm – Social

**Host Hotel: Medicine Hat Lodge Hotel, 1051 Glen Ross Drive SE**

**Tickets can be purchased through the AAWA 780-415-0140 by March 13. Tickets are \$40 per person. There will be a cash bar on site. A business casual dress code will be in effect.**

**Sunday, March 17:**

Session 3

9:00 am – 10:00 am – Warm-up

10:00 – 1:00 pm– U17 Greco-Roman/Tyke/Novice/Kids Competition

Session 4

1:00 pm – 4:00 pm – U19 Greco-Roman

**Weights:**

***Male Bantam:*** 31-34, 37, 40, 43, 46, 49, 52, 55, 59, 63, 67, 71, 77, 87, 100, 100-120 kg

***Female Bantam:*** 36-39, 42, 45, 48, 51, 54, 57, 60, 65, 70, 75, 75-90 kg

***Male U17/U19:*** 39-42, 45, 48, 51, 55, 60, 65, 71, 76, 80, 92, 110, 125 kg

***Female U17/U19:*** 36-40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 kg

***NO WEIGHT ALLOWANCE for Bantam/U17/U19***

***NOTE: We will be using the same weights for Greco-Roman***

***Junior Male:*** 54, 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg

***Junior Female:*** 46, 50, 53, 55, 57, 59, 62, 65, 68, 72, 76, 82 kg

**Senior Male:** 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 kg  
**Senior Female:** 50, 53, 55, 57, 59, 62, 65, 68, 72, 76, 82 kg  
**Note:** All Juniors and Seniors have a 2 KG Weight Allowance

**Accommodations:**

*Blocks of rooms are currently on hold at the host hotel. When booking, make reference being a part of Alberta Amateur Wrestling to receive preferred rates. First come, first serve, so book early!*

Medicine Hat Lodge Hotel  
1051 Ross Glen Drive SE  
Medicine Hat, Alberta  
T1B 3T8

**1-800-661-8095**

**403-529-2222**

**<https://www.medhatlodge.com/>**