

## Camp Fees

July 15-20 Athlete Intensive Training Camp  
AAWA members \$550 (GST Inc.) Non Members \$625

July 16-18 Commuter Training Camp. Limited to 12 spots, for 12-13 year old first time campers who wish to stay with parents and try the camp. Includes meals but not accommodation. \$300 (GST Inc.)

July 16-20 Coaches Course Intro To Competition \$350 (GST Inc.)

July 15-16 Community Coach Training \$175 (GST Inc.)

Payment must be received prior to the start of camp.  
No refunds will be issued once camp has started.

### Accommodations & Meals

Camp accommodations are open dormitory style at the Jasper Recreation Centre/High School. Campers will room with other athletes the same age and gender. Three meals a day are provided at the Jasper Recreation Centre. Information about snacks and additional costs will be provided in the campers package.

### Coaches Program

Wrestling Canada Lutte is currently auditing and updating the NCCP Intro to Comp Program. If completed by July, we will be offering this program. The program cost includes instruction, manuals and resources, meals and accommodations. If not complete, we will offer another professional development opportunity.

For coaches looking to run school and provincial programs, the Rocky Mountain Wrestling Camp will also feature the Community Coach training course.

\*Coaches with 5 athletes attending the camp may register for our training courses free of charge\*

### Transportation

The Edmonton Amateur Wrestling Association will offer return transportation to and from the camp departing from Edmonton and the Calgary Amateur Wrestling Association to and from Calgary for \$100. For more information please contact the AAWA.

Travel to and from Jasper is the registrant's responsibility. Staff will meet all trains and buses in Jasper and provide transportation from the terminal to the camp. Please contact the AAWA well in advance to arrange for any pick-ups or drop-offs.

### Activity Day

One day at camp will be designated "Activity Day". Details for these activities, which will include a variety of events, will be available in the camper's package.

### Typical Daily Schedule

6:45—Wake Up Call  
7:00—Morning Run  
7:30—Breakfast  
9:00—Wrestling Session 1  
12:00—Lunch  
13:00—Free Time  
14:00—Wrestling Session 2  
16:00—Free Time  
17:00—Dinner  
18:00—Free Time  
19:00—Wrestling Session 3  
21:00—Free Time  
22:00—Doors Locked  
22:30—Bed Check / Roll Call  
22:45—Lights Out

### What to Bring:

Sweatpants/Shirts  
Shorts  
T-Shirts  
Socks

Wrestling Boots  
Money for Snacks  
and Laundromat  
Water Bottle

To Register, please visit the following link:  
<https://goo.gl/forms/evMklqrJ5t8Oh03F3>

Once registered, a PayPal invoice will be sent to the contact email. Full payment must be made prior to July 15, 2018. Payment can be made by credit card, cheque or e-transfer

11759 Groat Road, Edmonton, AB. T5M 3K6

Email: [aawa@ocii.com](mailto:aawa@ocii.com) Telephone: (780)415-0140 Fax: (780)422-2663

# ALBERTA AMATEUR WRESTLING ASSOCIATION



PRESENTS:

## 2018 Rocky Mountain Wrestling Camp Over 30 Years of Excellence!



July 15-20, 2018  
Jasper National Park, Alberta



## 2018 Guest Clinicians

## Camp Highlights:

- All Skill levels are welcome (13-18 years old)
- Qualified and knowledgeable staff
- Fundamental and advanced wrestling instruction
- Oldest & largest wrestling camp in Canada
- Activity days
- Pillow fighting championships
- Counselor challenge
- Take down tournament
- Amazing Jasper Race
- Hard Rock Club awards
- Excellent food!

ALBERTA AMATEUR  
WRESTLING ASSOCIATION



Owen Dawkins returns as camp director! Owen is the head coach of the University of Alberta and the 2017 Canada Summer Games Women's Head Coach for Team Alberta! He brings years of experience and expertise to the camp and looks forward to leading another tremendous year in Jasper!



Michael Asselstine

- 3-Time World Team Member
- 3-Time CIS Champion
- 2013 Francophone Games Champion



Korey Jarvis

- 4-Time World Team Member
- 2016 Olympian - 8th Place
- 2014 Commonwealth Games Champion

## Other Special Guests and Clinicians:

- Rob Lang
- Shawn Daye-Finley
- Haley Heffel
- Nicholas Goleniec
- Joseph Dashou



See where provincial teams come to train!

