



# **COWBOY SHOOTOUT Wrestling INVITATIONAL**

## **Crescent Heights High School**

### **Intent to Participate**

School:

School Address:

Head Coach/Main Contact:

Phone:

Email:

Approximate number of wrestlers who will enter:

| <b>NOVICE Male(Rookie 10's or 11's)</b> | <b>SENIOR Male</b> | <b>Female</b> |
|---|--------------------|---------------|
|---|--------------------|---------------|

(I will send you labels to register novices....please fill out and bring on the Friday night. We will add their WEIGHT when they stand on scale here at CH. Senior MALES and FEMALES are sent in on spreadsheet for Weight Classes.)

Approximate number of coaches who will attend: \_\_\_\_\_

Please return to:

Kelly Webster

Fax: (403)777-7349

Email: kmwebster@cbe.ab.ca

Please return by: Nov 21, 2016

October 30, 2016

Dear Coach,

I would like to invite your team to participate in the COWBOY SHOOTOUT Invitational Wrestling Tournament held from Friday, December 9 to Saturday, December 10, 2016 at Crescent Heights High School in Calgary, 1019 1<sup>st</sup> Street N.W T2M 2S2. We are excited to host a high-caliber tournament with competitors from all over the province.

As you can see by the home weigh-in structure, I have faith in the integrity of our coaches. Please supervise weigh-ins for your team personally; **WEIGH-INS FOR SENIOR BOYS AND ALL GIRLS MUST TAKE PLACE ON WEDNESDAY, DECEMBER 7, 2016. NOVICE BOYS WILL WEIGH-IN ON FRIDAY WHEN YOU ARRIVE TO BE GROUPED IN POOLS RATHER THAN PLACED IN WEIGHT CLASSES. These Novice BOYS will wrestle Friday night and the top 3 will be invited into the main Boys tournament on Sat afternoon.** Please see the schedule below as there are several changes from years past. There is a 1 kg weight allowance for the tournament for Girls and Seniors. Any athlete's weight may be challenged by another coach. Should that athlete not be within the weight allowance, the entire team will be weighed-in. Any athletes over weight will be disqualified from competition.

Though it is still early in the season, please inspect your athletes prior to the tournament for contagious skin infections. Please do not bring any athlete with a contagious skin infection, as it puts all other competitors at risk.

ASAA rules will apply for the tournament (We will follow any new Rule Modifications that are accepted by FILA). All Alberta wrestlers will be required to wear a mouthguard while competing, and mouthguards are strongly recommended for any out-of-province wrestlers. As well, **athletes in grade nine or lower are not permitted to complete.**

Should you have any questions or concerns, please do not hesitate to contact me (email preferred).

Sincerely,

Kelly Webster – Coach and Tournament Director

[kmwebster@cbe.ab.ca](mailto:kmwebster@cbe.ab.ca)

Cell: (403) 333 3802





## COWBOY SHOOTOUT INVITATIONAL WRESTLING TOURNAMENT

- Location:** Crescent Heights High school 1019 - 1<sup>st</sup> St N.W. , Calgary
- Divisions:** High School Novice Male (Friday 4-8, Clinic from 4-5 for draw)  
High School Female (Saturday 9-12:30),  
High School Senior Male (Saturday 12-4)
- Start Time:** 5 Mats open Fri 3:00 pm. Wrestling 4:00 – 8:00 on Fri. Dec 9,  
9:00am – completion on Saturday, December 10
- Entry Fee:** \$20.00 per athlete (cheques made payable to Crescent Heights High School)
- Weigh-Ins:** At home, coach supervised, on Wednesday, December 7, 2016. **(Only For All Girls and Senior Boys...Novices Weigh in at CH Fri at 3:00 pm on arrival.**
- Weights:** High School Female Weight Classes in Kilograms:  
44, 47, 50, 53, 57, 61, 65, 70, 75,80,90,90+ **\*\*there is a 1kg weight allowance\*\***
- High School SENIOR Male Weights in Kilograms:  
47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98, 108, 120, 120+  
**\*\*there is a 1kg weight allowance\*\***
- Registration:** Please register your team via email on the Excel form provided (Senior Boys on 1 tab and Girls Only on other tab). **Novices Weigh-In at Crescent when you arrive (3-4 pm). Please have Labels completed for Novice Males to ease making of Pools for Friday during the Clinic.**  
ALL registrations must be received NO LATER THAN 6:00PM WEDNESDAY DEC 7<sup>TH</sup>, 2016.  
**NO LATE REGISTRATIONS WILL BE ACCEPTED except those Novices placing top 3 in Friday tournament (they get automatic invitation to Senior division on Sat.) All Wrestlers MUST be registered under their High School name to maintain ASAA sanctioning.**
- Rules & Draw:** **For Novice Boys it will be a Pool Grouping draw Friday Night. ASAA rules with double elimination bracket for Girls and Senior Boys draws on Sat.**  
Mouthguards are **MANDATORY** for all Alberta wrestlers, and are strongly recommended for out-of-province wrestlers.
- Awards & Scoring:** Medals for top 3 places per weight class, Outstanding Wrestler Awards (male and female awards), Top Team Awards (Senior male and female Divisions). **In Novice Division Top placer only in Pool will receive a medal (No Team Award for this Division)**
- Contact:** Kelly Webster  
Cell: (403) 333 3802  
Email: [kmwebster@cbe.ab.ca](mailto:kmwebster@cbe.ab.ca)

